

Kidmore End CE Primary School



Super News Kidmore End!

Friday 11 February 2022

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a

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Children's Mental Health Week: What a week!

Children's Mental Health Week has been a fantastic success for Kidmore End CE Primary School. The children have been brilliant all week and they have loved all the activities.

@kidmoreendsch

At the start of the week, I spoke to the children about wearing their VIRTUAL Scarfs - Safe, Caring, Achievement, Resilience and Friendship. If we always wear our 'SCARF', we are likely to have Good Mental Health and be more resilient and happy.

This week we wanted the children to 'HAVE A GO' and try new things and do something different. All too often we let the fear of the unknown stop us. But pushing ourselves out of our comfort zone is actually good for us. Trying new things not only helps us to vanquish those fears, but it also allows us to expand our minds and learn.



Year 3 & Year 4 watching the Red Kites soaring above the trees

During the last two years our children have had a tough time and we need to show them the wonders of the world, and new things they can do, and ensure we give them the tools to be happy and safe.

This week, the children have experienced some super opportunities: art, yoga, mindfulness, craft, painting, den building, nature activities and learning about themselves.

This week has been special, and we will continue to do these types of weeks as I want the children to love learning and have memorable moments that make them happy and proud to be at Kidmore End.



Infants and Mr Griffin doing Yoga!

Thank yous

Kidmore End has had a fabulous week and I would like to thank everyone involved including the following people:

- KESA for supporting the event by raising funds for our resident artist Tamilia to inspire the children and create a fabulous mural.
- Ms Page for teaching the children a fabulous art lesson in Year 2.
- Tamilia from MadebyTamilia.co.uk for inspiring the children through art
- Hollyanna for inspirational Yoga sessions with both the Infants and the Juniors (www.sarvanga.co.uk)
- To all the parent volunteers and Governors who helped throughout the week.
- Reverend James for blessing the mural
- To the Year 5 and Year 6 Active Leaders for running some wonderful physical activities for Year R-4
- To all staff for their contribution and trying new ideas and for having a positive mind-set.
- And finally to the children who have been super all week.

Our Scarf winners for demonstrating that they were wearing their 'VIRTUAL' scarfs all week (Safe, Caring, Achievement, Resilience and Friendship)



- Year R Edith and Jude
- Year 1 Leo and Oscar
- Year 2 Scarlett and Barnaby
- Year 3 Chloe and Mollie
- Year 4 Lois and Leo
- Year 5 Zofia and Jacob
- Year 6- Oliver and Ellie

Great Memories from Children's Mental Health Week 7-11 Feb 2022

















Dates for the Diary

Spring 2022

Sat 12th Feb - KESA Pizza & Cookie event deadline Mon 14th Feb - Parents' evening 3.20 - 5.30pm Tues 15th Feb - Parents' evening 3.20 - 6.30pm Wed 16th Feb - Y5 to see Shiplake Theatre Performance afternoon Wed 16th Feb - NO CLUBS Thu 17th Feb - NO CHOIR Fri 18th Feb - Y1 and Y2 Traditional Tales Workshop Fri 18th Feb - NO RUNNING or CHESS CLUB Fri 18th Feb - 3.15pm KESA Pizza & Cookie event

Half term is 21st Feb to 25th Feb 2022

Tue 1st Mar - School Council St Josephs Thu 3rd Mar - World Book Day - please see separate letter Thu 3rd Mar - KESA Extraordinary General Meeting at 7.30pm Fri 4th Mar - No CHESS CLUB Sat 5th Mar - Henley Youth Festival starts Sat 5th Mar - Cross Country @ MECE from 10am Tue 8th Mar - Y5 and Y6 Shakespeare Performance Thu 10th Mar - Y4 Dance Festival -Oxford Sat 12th Mar - Henley Youth Festival fun run Mon 14th Mar - Science Week Tues 15th Mar - 9am KESA Bag2School collection Fri 18th Mar - Red Nose Day Fri 18th Mar - KESA Discos Fri 25th Mar- School 'Video Day' Activity Day Mon 28th Mar - Individual/Class Photos by Tara Taylor Photography Tue 29th Mar - Individual/Class Photos by Tara Taylor Photography Thu 31st Mar - Y1 Trip to Legoland Fri 1st Apr - KS1 Football Tournament at KEPS -tbc Fri 1st Apr - KESA fundraiser - Crazy Hair Day Fri 8th Apr - Easter Service am (Church) Fri 8th Apr - KESA EasterEggstravanganza afternoon Fri 8th Apr - Last Day of Term - 3.15pm finish

Summer 2022

Mon 25th April - Back to School Tue 26th Apr - Y6 WW1 Trench Experience trip Weds 27th Apr - 9.30am Open Morning for prospective parents Fri 29th April - KESA Fruit and kebab fundraiser Mon 2nd May - Bank Holiday Tue 3rd May - Y2 KS1 SATS assessments start Mon 9th May - Y6 SATS assessment week Mon 16th May - Y6 Cycle Training week Tue 17th May - Y1 Trip - Milestones Museum - TBC Fri 27th May - KESA Ice Cream fundraiser Half term is 30th May - 3rd June Mon 6th Jun - Y1 Phonics Tests this week Sat 11th Jun - KESA Summer Fair and Colour Run Mon 20th Jun- School closed Platinum Jubilee Bank Holiday Thu 30th Jun - 9.30am Open Morning for prospective parents Fri 1st Jul - KESA Discos Tues 5th Jul - Sports Day Thu 7th Jul - Sat 9th Jul Y5 Camping Experience Fri 15th Jul - KESA Ice Cream Fundraiser Fri 15th Jul - Yr 6 Leavers' Play and Y6 Parents' gathering (evening) Thu 21st Jul - Leavers' Farewell Presentation assembly/breakfast Thu 21st Jul - Last day of term 1.30pm finish

Parents' Consultation Evenings -14/15 February

We ask that all Parents and Carers continue to wear face masks as we continue to be vigilant regarding COVID19. The rooms will be well ventilated so please dress warmly. Please remember not to park in the pub car park.

Cross Country Event Oratory Prep 22 January

Well done to our wonderful Cross Country Runners who continued the term with some fantastic performances.

Cross-Country Medal winners

Ambrose Year 3 -Silver Ava Year 2 - Silver Jessica Year 2 - Bronze Emilia Year 1- Bronze



Ava in full flight winning her silver medal.

Next event: MECE Years 1-6 Saturday 5th March 2022 Race times start from 10.00am

Another great event is Henley Youth Festival Run Date: Saturday 12th March 2022 All children must enter individually. See the website address below.

Mr Griffin will be there in support and will provide running tops, refreshments and snacks.







Times 08.30am - 8:50am: Course walking 09.00am: Reception (approx. distance 0.5km) 09.15am: Year 1/2 Girls (approx. distance 1km) 09.30 am: Year 1/2 Boys (approx. distance 1.4km) 10.00am: Year 3/4 Boys (approx. distance 1.4km) 10.15am: Year 5/6 Girls (approx. distance 1.6km)

12TH MARCH 2022

REGISTER ON OUR WEBSITE: www.physiolistic.co.uk

Physiolistic

Year 5 Football Event Oratory School 3rd February



Last week on Thursday 3rd February, seven year five children went to the Oratory to take part in a football tournament.

We played against Peppard and we won 1-0 after James passed to Levi for him to score. In the next game we played against Badgemoor and we won 4-0 (Levi x3 and James, assisted by Jacob and Irving). Next, we played Woodcote with the score ending 2-2 after a close encounter. Afterwards, we played against St Anne's and won 3-0, with the highlight being a brilliant team goal finished off by Rupert. Oliver was pulling out all the saves whilst Irving and Harrison were making tackle after tackle. Rupert and Jacob were machines in the midfield, whilst Levi and James provided the goals.

We therefore qualified for the final where we faced Woodcote. It was a fierce battle and we unfortunately ended up losing 3-2 after putting up a valiant fight in which we battled back from 2-0 down to level up the score.

Everyone had a great time and we look forward to going one better next time!

Monday 20th June 2022 – It is a Holiday!!



A quick reminder that our school will be on holiday on Monday 20th June to celebrate the Queen's Jubilee.

We ask that parents and carers do not take any extra days around this long weekend as most children will be involved in important tests and assessments.



STARS OF THE WEEK SPRING TERM

Week 4

- FS Jamie and Harry
- Year 1 George and Josh H
- Year 2 Oscar and Evie
- Year 3 Mollie and Darcey B
- Year 4 Ava and Olive
- Year 5 Freddie and Amelie
- Year 6 Austin and Violet

Week 5

- FS Noah P and Leo
- Year 1 Teddy and Diego
- Year 2 Lara and Joshua
- Year 3 Lucy and Jamie
- Year 4 Audrey and Vasisht
- Year 5 Evie and Naomi
- Year 6 Alfie B and Eve

Week 6 -w/e 4/2/2022

- FS Max and Edith Year 1 - Luca and Billy
- Year 2 Scarlett and Sanna
- Year 3 Ambrose and Harry
- Year 4 Clem and Ben
- Year 5 Tess and Marlena
- Year 6 Violet and Jakub

World Book Day - Thursday 3rd March

We are looking forward to a fabulous World Book Day (3rd March 2022) with lots of different activities.

We would like everyone to dress up in their favourite book character and Mr Griffin will have a prize for the best two costumes for the children and a prize for the best staff costume.



The children will also be raising money over the half-term in our Super Read-a-thon.

There will also be a second-hand book sale on World Book Day, the proceeds of which will go towards buying new books for the school.

Please see the email going out today for further information.

Around the School

In Foundation Stage/Reception



Foundation Stage had a wonderful time in the Small World's Gallery at The Story Museum last week. They were whisked off to space and created their own planets. They heard a story from long ago about how the sky and stars were created and how stories are kept alive by being passed on. Back on Earth, they had a wonderful time immersing themselves in various different, well-loved stories through play; they went on a bear hunt, posted letters and parcels with the Jolly Postman and helped Winnie the Witch with some spells.

Foundation have had a fantastic, and very busy, week. They had a great time in the woods building dens and campfires some of them used their imagination, with a stick and leaves, to toast marshmallows. They then used sticks collected from the woods to build their own 'stick man'. They've enjoyed using their artistic flare to create some art work for our mural. The highlight of the week was spending time with their Year 5 buddies on Thursday afternoon, who created some wonderful games for them to participate in. We would like to say a big thank you to all the parent helpers over the last 2 weeks who have made these wonderful activities possible.

In Year 1

This week, in Children's Mental Health week, Year 1s have been building dens in the woods, making their own Stick Men pictures, creating their own Mood Jars, trying yoga, doing lots of art ready for our new school mural and through different stories and activities learning about the five ways to wellbeing: the value of connecting with others, being active, taking notice of how they are feeling and the value of doing something for others - including acts of kindness.

It has been an action packed week and in between the many interesting new activities we have continued with our reading, phonics and maths lessons plus we have enjoyed being outside for our PE lessons.





In Year 2

In Year 2 we have had a fantastic two weeks. On Tuesday 1st February we visited the 'Story Museum' in Oxford, we went into the whispering wood, the enchanted library and the Harry Potter story room, we had a brilliant day and lots of us want to visit again with our families. This week we have enjoyed an amazing week enjoying lots of fun activities during mental health week'. On Monday afternoon we walked to the woods and worked together to build dens, we even built pretend fires and toasted imaginary marshmallows.

Some of us enjoyed dragging large branches over to the dens! We brought stick back to school and made our own stick men based on the stickman story. On Wednesday we had a great afternoon painting love rocks with Ms Page, everyone was very impressed with the results. We have also enjoyed making flowers from doodles for the school mural. We would like to say a big thank you from Year 2 to all of the people that have come in and helped us.



In Year 3

In Literacy, the children became journalists. They learnt about the features of newspaper reports and wrote news articles about an earthquake in Italy. In ICT they have continued to develop their skills in using Word to edit and format text, to insert images, and to use the internet to search safely for information. They combined this in some fantastic information texts about the world's most famous volcanoes.

In Science, they conducted an experiment to test the friction created by different surfaces and recorded their results in a bar chart. They also made some fabulous two colour prints of their fibonacci motifs, in Art.



Year 3 continued ...

All the children thoroughly enjoyed our activities for Children's Mental Health Week. Particular highlights must include: reconnecting with the natural world on our woodland walk, moments of stillness and reflection; sharing feelings and supporting each other - and impromptu dancing round the classroom to 'songs that make us feel happy!' The children can't wait for you to see the artwork they have created for the school mural, a sneak preview of which may just have "fluttered" home in your child's school bag...

In Year 4

Over the last few days, Year 4 have been very active for mental health week. Year 6 have been running active leader games for the younger year groups, for example Elephant Football, which is a new activity for us. They are doing an amazing job.

We have also been creative. On Tuesday, we had a special guest called Tamalia. She is an artist and she came into school to support Mental Health week by providing different challenges for each year group. Year 4 were given the task to paint positive images on leaves. We painted a background, onto which we will be sticking our painted leaves.



In Science we had amazing fun with a chocolate experiment which was about states of matter. We melted different types of chocolate to investigate how long it took for each one to turn from a solid into a liquid. We have been enjoying learning about the water cycle in geography. We are very excited because on Friday we are going on a class trip to the River Loddon where we will be looking at the width, depth and flow of the water.

In Year 5

Year 5 have been carrying on working hard on their fractions learning in maths and have been writing balanced arguments all about 'Veganism'. Year 5 have also shown great determination to improve their swimming skills and have enjoyed hockey in PE.

This week Year 5 have shown great SCARF mindsets and have very much enjoyed the various activities as part of our mental health week. They particularly enjoyed the walk in the woods and making their own dens, as well as their graffiti artwork and organising games for their buddies in foundation.



In Year 6

This week was mental health week, where we reflected about our mental health. We did many different activities which helped us calm down. We all did mindful colouring and crafts which taught us to deal with stress in different ways. A professional artist came to our school and set the whole school an art challenge to make a mural for our school. Year 6 gave other years active leader's sessions and played fun games. A lady came in and did yoga with the whole school. She taught us different yoga poses. All the classes went into the woods to walk and make dens. Most years had a den building competition. Lots of people enjoyed the chance to be outside in the woods. On Friday there was a picnic lunch with Years 5 and 6 leading games. Overall we really enjoyed the week, with our favourite activity being able to build dens in the woods.



KESA - Friday Fundraiser



PIZZA & COOKIE EVENT FRIDAY 18TH FEBRUARY

We've teamed up with Doughies for a fun family night in. Order your pizza & cookie making kits and you'll receive everything you need to make artisan margherita pizzas (**regular or vegan**), and warm gooey cookies in your home oven.



ders to be collected in the playground at school pickup on Friday 18th February

Letter from our Parents Association

Dear Parents,

KESA formally gives notice that we are holding an Extraordinary General Meeting (EGM) on Thursday 3rd March at 7.30pm on Zoom. As a registered charity, KESA is required to hold an EGM to discuss key matters that cannot wait until the Annual General Meeting (AGM). The purpose of this EGM is to make changes to the current committee. All parents at the school are automatically members of KESA and are invited to attend. Please can you email <u>kesa@kidmore-end.co.uk</u> to indicate you are interested in dialling into the meeting. Zoom details and agenda will be sent out nearer to the meeting date.

Thank you as always for your support for KESA. We are looking forward to an exciting year ahead of events.

Best wishes, Amy Collier and Vicky Jones KESA Co-Chairs

CHILDREN'S MENTAL HEALTH WEEK: MY HAPPY JOURNAL from Little Active People

Sunday 13th February is the last opportunity to purchase 'My Happy Journal - A Positive Mindset Journal and Activity Book for Children' and benefit Kidmore End Primary School. Use code MHW20 at check out.

https//www.littleactivepeople.com/shop/myhappy-journal



Yoga Principles for children to learn





Satya = Honesty/Truthfulness

Ahimsa = Do no Harm to self or others

> Asteya = Non stealing .

Aparigraha = Non Greed

Brahmacharya = being moderate in our wants and needs

Lokah Samastah Sukhino Bhavantu =

May all be happy and free, may my thoughts words and actions contribute to the happiness and freedom of others. Namaste



11

WWW.SARVANGA.CO.UK mind - body - spirit - breath